Weekly Update
High Country United Church

November 4, 2026

Hello
After worship on Sunday, folks came to me personally and shared stories of folks in our church who have impacted them with their care and attention. Stories included prayer shawls, cards, phone calls, and meals, laughter, crying, and simply being there. One included faking a contest so someone could win a prize they likely wouldn't have accepted otherwise. We are the saints in our time. We need to remember that. And with it, comes great responsibility. Love, laugh, learn, grow, be kind, have mercy, forgive, forget, and let's see where the road of life leads us all.

The Saints Among Us
Not all saints wear shining crowns,
or walk where crowds may see.
Some offer smiles, some lend an ear,
some simply let us be.

Some make room and stand beside,
some help a heart begin anew.
And often, in the smallest things,
God's love shines through

For saints are found in every place,
in all things we say and do.
And sometimes, without knowing it,
a saint is me, and a saint is you.

This week's ministry snapshot:
Sunday's Worship Service: https://www.youtube.com/live/djmNRk1IZHs
About 40 gathered on Sunday, and about 115 views online.
Sunday Night Prayers: https://www.youtube.com/live/f3QY7XVI_RA
About 115 views online.

If you know someone we should send a card to (celebrations, illness, sympathies, etc.), please contact Debbie Baker by phone 519-941-3972 or by email at dbaker002@sympatico.ca

Thank you to all who help around the church. **Sunday morning helpers**: Darlene B for reading, Ray & Elizabeth and team for greeting, Susan for providing refreshments, Silas and Elijah on AVIT, Nancy N for pre-worship help, Gladys on keyboard, and Bev D and Debbie S for taking care of our donations. Throughout the week: Our pie making teams; our rental team, finance team, property team and friends. Thanks to Bob D and team who are helping to fix the pipe issue.
Blessings, Rev. Jan

To subscribe, send us an email at highcountryunited@gmail.com

If you have questions about how the church does something or would like to participate in any way, please contact the office.

Thank YOU for choosing to change the world with us! We appreciate your support and partnership.

Looking for regular donation options? You can request offering envelopes, send e-transfers or sign up for PAR (Pre-Authorized Remittance). For more information contact Beverly at 519-942-2977 or email beverlyjdawkins24@gmail.com

I was recently asked to do some math to look at our annual expenses and to come up with a financial amount per family in case folks were curious. The numbers below were from our 2025 Annual Report.

Total # of regular donors: 64
Expenses in 2025: $136,658.05

Per family, that would look like: $178 per month / $2,135 per year.

Thank you to everyone who partners with us to fund the ministries at High Country United Church.

Interested in volunteering?
Visit https://www.highcountryunited.ca/volunteer.html to learn what opportunities are available.
Looking for pies? See Susan Butler or call 519-941-6397.

Are you new? We're glad you're here!
If you're coming on a regular basis, please ask for a contact sheet so we can have your information on file. It helps us stay connected and gives us direction on how to let you know if church is cancelled due to weather.

Sunday Morning Worship

10:30AM

Remembrance Sunday

Sunday Morning Helpers
Reader: Linda McGregor
Greeter: Sheila Orton
Refreshments: Debbie Baker
Sunday School: TBA

Sunday Morning's Hymns

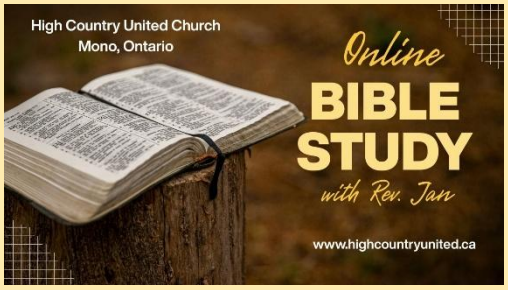
- VU 436 Abide with Me
- VU 684 Make Me a Channel of Your Peace
- VU 526 Weep for the Dead
- VU 806 Oh God Our Help in Ages Past
- O Canada
- God Save the King
- VU 540 Grant Us God the Grace of Giving
- VU 959 The Lord's Prayer
- Go Now in Peace

Our Music Team
Karen Gillett (Flute)
Linda MacGregor (Flute)
Sara May (Guitar, Vocals)
Andrew McArthur (Guitar, Vocals)
Doug McKeen (Organ)
Gladys Meek (Keyboard)
Donna Rutledge (Piano)

In Our Prayers:

- The Brett family on the birth of baby Leighton
- The Sheardown family on the birth of baby Jack
- Zoey who celebrated her first 'birthday' since the transplant
- The Landers family on the passing of Reg Landers (Dods & McNair on Sat., Nov 7 at 10:30am)
- The Johnston & Fish families on the passing of Mike Johnston (In Memoriam in Grand Valley on Thurs., Nov 12 from 3-6pm)
- Chris Parr's family on his passing (Celebration of Life at HCUC this Saturday)
- the tragic loss of a Mono resident who was hit by a car last week
- Mary Phillips
- Joyce Staveley
- The results of the US mid-term elections

Orangeville Food Bank



This week's Book of the Bible: Ezekiel
Ezekiel is broken down into 2 parts:
Part 1:
https://youtu.be/R-CIPu1nko8
Part 2:
https://youtu.be/SDeCWW_Bnyw
The Valley of Dry Bones is most remembered from this book. "That they may know that I am the Lord" appears about 70 times.

Property News

The Solar Panels: So far we have accumulated about $560 in credits to be used to help offset hydro bills. Our hydro bill was about $70 this month (last year at this time it was about $340).

THIS WEEK AT HCUC

THURS NOV 05	Office Closed
FRI NOV 06	Office Hours: 9:30am to 1:00pm 11:00am Exercise Class: VON SMART Shut-in visits SETUP RENTAL IN LOWER HALL Last day to register for Wreath Making
SAT NOV 07	Office Closed RENTAL IN LOWER HALL
SUN NOV 08	Office Hours: 9:00am to 1:00pm 10:30am Worship Service - Remembrance Sunday 7:55pm Sunday Night Prayers online
MON NOV 09	Office Hours: 10:00pm to 2:00pm 11:00am Lunch & Learn: Safe Banking 7:00pm Smart Recovery Program
TUES NOV 10	Office Hours: 9:30am to 2:00pm 11:00am Exercise: Arthritis Foundations
WED NOV 11	Office Hours: 9:30am to 2:00pm 11:00am Exercise: Strength & Stretch

High Country United Church
346255 Side Road 15 WHS in Mono (Camilla) | Phone: 519-941-0972
www.highcountryunited.ca

HIGH COUNTRY UNITED CHURCH

NOVEMBER 2026

WEEKLY PROGRAMS & ACTIVITIES

Mondays on Facebook
Free online Bible Study.

Tuesdays at 11:00am
Free exercise class: Arthritis Foundations.
Equipment provided.

Wednesdays at 11:00am
Free exercise class: Strength & Stretch.
Equipment provided.

Fridays at 11:00am
Free exercise class: VON SMART Workout.
Equipment provided.

Sundays at 10:30am
An hour-long worship service
with Sunday School followed by
refreshments and fellowship.
Live and streaming on YouTube and Facebook.

Sundays at 7:55pm
Join us on YouTube or Facebook
for live prayers each week.

Daily on Facebook & Instagram
A short prayer is posted at 6:00am.
A workout is posted at 7:00am.

SUPPORT GROUPS

Mondays at 7:00pm
Smart Recovery Program
Free peer support group for those of
us living with addiction and recovery
and those of us supporting loved ones
with addiction or in recovery.

17 **Tuesday, November 17 from 2:00-3:00pm**
Living into Life: Grief Support

26 **Thurs., November 26 at 1:00pm & 5:30pm**
Free Cancer Support for patients & caregivers

26 **Thurs., November 26 from 7:00-8:00pm**
Depression/Suicide: Free support group
for anyone affected by depression or suicide.

MORE PROGRAMS & ACTIVITIES

02 **Monday, November 2 from 2:30 to 4:00pm**
Free, Tech Class and Support

09 **Monday, November 9 at 11:00AM**
Free, Seniors Safety Lunch Series
Safe Banking

13 **Fri., November 13 from 6:30pm to 8:00pm**
United Generations / Family Workshops
Wreath Making (RSVP by Nov 6)

17 **Sat., November 14 from 2:00pm to 4:00pm**
Concert in the Sanctuary
Missing Link with Gord McDonald
$25

15 **Sunday, November 15 at 5:00pm**
Youth Group

15 **Sunday, November 15 at 7:00PM**
Young Adults

16 **Monday, November 16 from 10:00-11:00am**
Free, Moms & Tots Group

16 **Monday, November 16 at 2:00pm**
United Church Women (UCW)

17 **Tuesday, November 17 at 2:00pm**
Living Into Hope: Grief Support

19 **Thursday, November 19 at 11:15am**
Virtual Tour of the Former
Mohawk Residential School
$20

23 **Monday, November 23 from 11:00am-1:00pm**
Free Lunch & Learn - Safety Series
Is this ad real or fake?

25 **Wednesday, November 25 at 12:00pm**
Book Club

28 **Wednesday, November 25 at 7:00pm**
Free, Paper Airplane Club

30 **Mon., November 30 from 11:00am to 1:00pm**
Free Lunch & Learn: Christmas Hampers

High Country United Church is located at 346255 15 Sideroad WHS, Mono, ON L9W 6R9

Our programs are open community programs where anyone can attend.

Phone: (519) 941-0972 | **Email: highcountryunited@gmail.com** | **www.highcountryunited.ca**

Senior Stockings Program

We know it's early, but the program coordinator has to get things together early this year. Please see the list below and start bringing in items to donate. They must be received by **no later than November 22, 2026.**

Truth & Reconciliation

Are you interested in learning more? Let the office know and we'll add you to the list when we run info programs.

How can we be good allies? Here's one practical way. Read more and consider writing a letter of support via the "start writing" at the following link: https://honourthetreaty.ca/en

A Virtual Tour of The Former Mohawk Institute Residential School

Presenter:
The Woodland Cultural Centre in Brantford

When:
Thursday, November 19, 2026
Light Lunch: 11:15am
Presentation: 12:00pm to 1:30pm

Where:
High Country United Church
346255 Side Road 15 WHS, Mono

Cost: A suggested donation of $20*
To help cover the costs of their program and to make an additional donation to The Woodland Cultural Centre.

RSVP to attend:
519-941-0972 | highcountryunited@gmail.com
https://ticketscene.ca/venues/5388/

www.highcountryunited.ca
346255 Side Road 15 WHS in Mono, ON

THE MISSING LINK

Country Music Concert

TICKETS $25

SAT., NOVEMBER 14, 2026 AT 2:00PM

HIGH COUNTRY UNITED CHURCH
346255 Side Road 15 WHS in Mono

Email highcountryunited@gmail.com
Phone: (519) 941-0972
Order online at ticketscene.ca/venues/5388

www highcountryunited.ca

United Generations Workshop

Free Wreath Making for All Ages at High Country United Church

Friday, November 13, 2026
from 6:30pm to 8:30pm

RSVP before November 6

To register,
email highcountryunited@gmail.com
or call (519) 941-0972

High Country United Church is located at 346255 Side Road 15 in Mono
www highcountryunited.ca

(Donations encouraged)

High Country United Church

Children & Youth Christmas Pageant

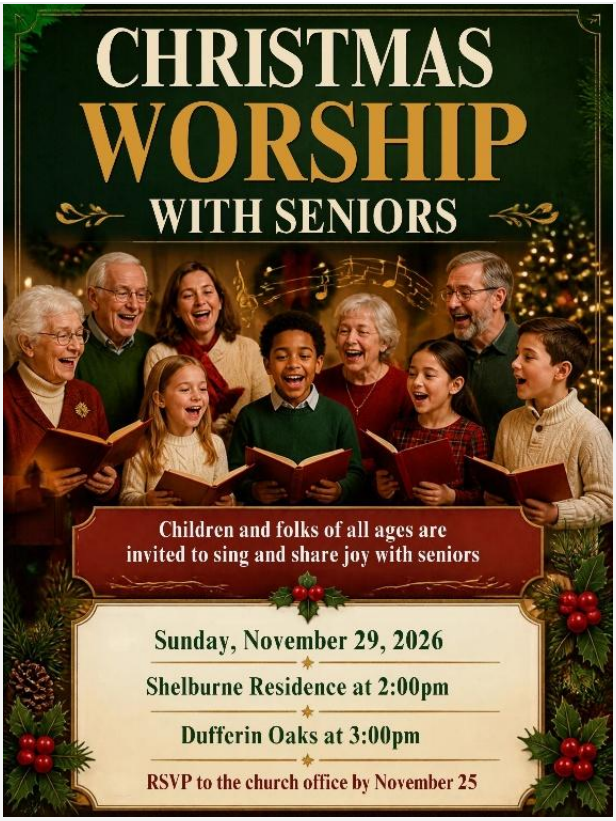
Sunday, December 13, 2026 at 10:30AM

Sign up your young person to participate by contacting the office at (519) 941-0972 or email highcountryunited@gmail.com before November 22.

More details will be shared upon registration.

High Country United Church is located at 346255 15 Side Road WHS in Mono

www highcountryunited.ca



Pies available year-round

Contact our Pie Coordinator, Susan
Phone 519-941-6397 or email susanbutler55@icloud.com

Meat Pies: Beef; Ground Beef; Turkey
Fruit Pies: Blueberry; Dark Sweet Cherry; Mixed Berry; Peach; Raisin; Raspberry; Rhubarb; Strawberry-Rhubarb (and Apple when available)

Contact the church office if you're looking for a location to host an event, ongoing program or a meeting. We may have the perfect space for you.

WORKING ON SELF-IMPROVEMENT? Rev. Jan is working through her Life Coach certification as an enhancement to pastoral care and is focusing on her practice hours. She is offering 5 free appointments each month during her coursework (about 30-45 minutes long). Send a message to book an appointment. revjanetucc@gmail.com

DECLUTTERING? Next Decluttering for Diabetes pickup is scheduled for Tuesday, November 10. If you have items you'd like to send along, please message Rev. Jan to coordinate before November 8. revjanetucc@gmail.com

SERVICE AVAILABLE - WINDOWS:
Sparkle Clean offers exterior window washing services. Contact Calum Boston (519) 307-0521 Email: 519sparkleclean@gmail.com

A prayer for the week

Loving God, we give thanks for the gift of our community. We pray for all who are hurting and struggling, all who long for companionship and purpose, all who long for stable food and housing. God, be in us as a church to reach out to those we think may need encouragement and may we create a stronger bond. In all that you ask of us, help us to build a strong community where we learn and grow together. In Jesus' name we pray. Amen.

Heal, comfort and strengthen the world. Extinguish all evil and kindle the good.

A link to our 365 days of prayer: https://highcountryunited.ca/blog

Do you like the newsletter? Share it!

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