



Weekly Update

**High Country
United Church**

May 13, 2026

Hello

What is Love?

When love becomes more than words, it learns to stay.

In kindness offered, in courage shared,
in mercy quietly lived, Christ is near.

Not abandoned. Not alone.

The Spirit still breathes among us, guiding us home.

This week's ministry snapshot:

Sunday's Worship Service: <https://www.youtube.com/live/B2wnNkG0WHo>

About 40 gathered for worship on Sunday morning and has over 135 views.

Sunday Night Prayers: <https://www.youtube.com/watch?v=6WK5wwLOOIQ>

Over 80 views online.

Volunteer opportunities / Looking For Items

- **High School Volunteer Hours:** Looking for a student who is willing to come in and do some scanning documents for us. There is probably at least 8 hours of scanning to do be done. We can work with the student's schedule and training is provided. Please message Rev. Jan.
- **Collecting: egg cartons, paper towel rolls and toilet paper rolls** for some intergenerational crafts. We need a few extra **lighters** as our supply has depleted. This is for lighting the Christ Candle on Sunday mornings.

Visit our Wishlist on Amazon: When something is purchased from the list, it is removed from the list. It includes some office supplies (we always need paper!) and supplies for safety, young children and more.

<https://www.amazon.ca/hz/wishlist/ls/2QVQN2YN4DYM5>

If you know someone we should send a card to (celebrations, illness, sympathies, etc.), please contact Debbie Sheardown by phone 519-940-1954 or email gdsheardown@gmail.com.

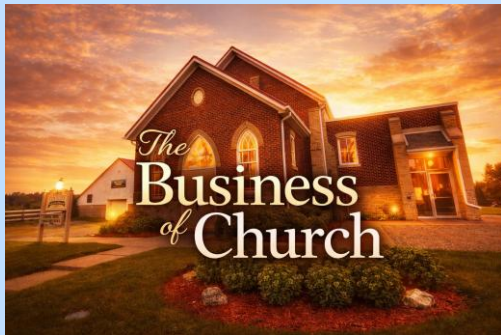
Thank you to those I know about in the past week: Susan, Sheila, Bev, Doug & Mary for all they do through the week;

Sunday morning helpers: Mary McKeen for reading, Sheila Orton for greeting, the men who provided a wonderful lunch and for providing flowers for the ladies, Musicians: Gladys, Karen, Linda, and Andrew; Callum and Seth on AVIT; and Krista and Aster for leading Sunday School.

Throughout the week: Bev helps to set up exercise classes, UCW is led by Gail, Adam is paid to clean on Fridays; Bev and Sheila who help to make sure things are good before and after a rental, our pie makers and our elves who do little odds and ends stuff when no one is looking, Debbie A for some child-friendly materials and Sheila and her friend for more lego!

Blessings, Rev. Jan

To subscribe, send us an email at highcountryunited@gmail.com



Interested in volunteering?

We have a greeter, a reader, and help with refreshments after church each Sunday. If you're interested in helping in these areas, see Sheila Orton.

May is PAR month! We encourage folks to consider making their regular church donations via PAR (Pre-Authorized Remittance). Your offering is then deducted from your bank account on the 25th of the month (or the next business day if it's a weekend or holiday). PAR makes budgeting, planning, and accounting just a little simpler for church teams.

To sign up, [click this link](#) to download the form. Fill it out, attached a void cheque, put in an envelope and you can leave it in the offering plate or bring it into the office (or Bev directly).

Looking for other regular donation options? Contact Beverly at 519-942-2977 or email beverlyjdawkins24@gmail.com



Are you new? We're glad you're here!

If you're coming on a regular basis, please ask for a contact sheet so we can have your information on file. This is not a commitment to join the church, but a way for our minister and others to be in touch if a volunteer opportunity comes available or an outing is being planned. It also gives us direction on how to let you know if church is cancelled due to weather.

Looking for pies? See Susan Butler or call 519-941-6397.

COMMITTEE SPOTLIGHT

Ministry & Personnel - Did you know that the "M&P committee" acts as a supportive and consultative team responsible for fostering a healthy relationship between staff and the congregation? If you have any concerns related to our staff, please direct them through this committee and not through Council and its' membership.

Jodie McArthur, Chair

rjmcarthur.oville@rogers.com

Don Hawkins:

dhawkinsconsult@aol.com

Phil Brett:

bbpb22@gmail.com

Church History Project

Each month a new survey of about 6-8 questions is posted as we gather information for our next history book.

Church History Project (Questions - Part 6 - May 2026):

<https://www.surveymonkey.com/r/MC3QG3C>

Paper copies are available in the file folders on the desk in the main office. (All questions are in their applicable folders in the office.) Please leave your responses on Rev. Jan's desk.

Sunday Morning Worship

10:30AM

Holy Humour Sunday

Rev. Jan is away

Scripture: Luke 24:44-52

Sunday Morning's Hymns

VU 625 [Give to us Laughter](#)

[I Saw the Light](#)

[Just a Closer Walk With Thee](#)

[Leaning on the Everlasting Arms](#)

[Thank You, God, for Your Blessings on Me](#)

[Go Now in Peace](#)



Our Music Team

Karen Gillett (Flute)
Linda MacGregor (Flute)
Andrew McArthur (guitar, vocals)
Gladys Meek (Keyboard)

Sunday School

If no teachers are available there will be an activity for children in the sanctuary.

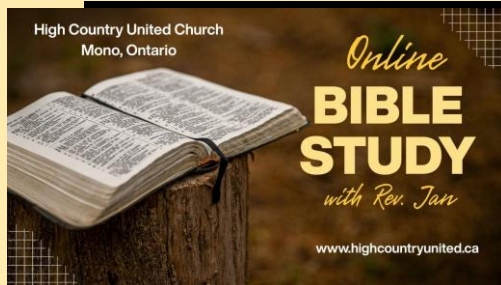
Sunday Morning Helpers

Reader: Doug McKeen

Greeter: Sheila Orton

Refreshments: Nancy Noecker

In Our Prayers: Nancy Dickie whose cancer has spread and is being transferred to Bethel Hospice today; Jamie who continues to do well in his rehab in Hamilton; stopping the spread of the Hantavirus.



We're going through summaries of the books of the Bible. We now go into "The Historical Books." **The Books of 1st and 2nd Samuel"**

Part 1:

https://youtu.be/QJOju5Dw0V0?si=bAFLTPY_hUzxZS1Q

Part 2:

<https://youtu.be/YvoWDXNDJgs?si=fGXWZuePY-FFM752>

Construction News

The Barn: We are still in the building permit stage.

The Solar Panels: Expected to begin in spring.

If you're interested in contributing to our upgrades/repairs we thank you for making a donation to our church's building fund.

Obituaries

Local Funeral Homes listings: (Orangeville, Grand Valley, and Shelburne)

Dods & McNair

Bailey, Doug
Covassin, Gino
Gaudet, Flo
Noble, Raymond
Salisbury, Patricia
Tombs, Olga

In Memoriam

Symons-Brink, Irma

Jack & Thompson

No new listings this week.

THIS WEEK AT HCUC

THURS
MAY 14

Office Closed

FRI
MAY 15

Rental: Rural Rescue Training in Lower Hall
Office Closed
11:00am Exercises: VON SMART Program - Sanctuary

SAT
MAY 16

Rental: Rural Rescue Training in Lower Hall
Office Closed

SUN
MAY 17

10:30am Worship Service
7:55pm Weekly Prayers on YouTube & Facebook

MON
MAY 18

Office Closed

TUES
MAY 19

Office Hours: 9:30am to 3:00pm
11:00am Exercises: Arthritis Foundations
2:00pm Living into Hope - Grief Support

WED
MAY 20







Office Hours: 9:30am to 2:00pm
11:00am Exercises: Strength & Stretch

High Country United Church | Phone: 519-941-0972
346255 15 Sideroad WHS in Mono (Camilla) | www.highcountryunited.ca

HIGH COUNTRY UNITED CHURCH

MAY 2026

WEEKLY PROGRAMS & ACTIVITIES

	Mondays on Facebook Free online Bible Study.
	Tuesdays at 11:00am Free exercise class: Arthritis Foundations. Equipment provided.
	Wednesdays at 11:00am Free exercise class: Strength & Stretch. Equipment provided.
	Fridays at 11:00am Free exercise class: VON SMART Workout. Equipment provided.
	Sundays at 10:30am An hour-long worship service with Sunday School followed by refreshments and fellowship. Live and streaming on YouTube and Facebook.
	Sundays at 7:55pm Join us on YouTube or Facebook for live prayers each week.
	Daily on Facebook & Instagram A short prayer is posted at 6:00am. A workout is posted at 7:00am.
SUPPORT GROUPS	
	Mondays at 7:00pm Free peer support group for those of us living with addiction and recovery and those of us supporting loved ones with addiction or in recovery.
19	Tuesday, May 19 from 2:00-3:00pm Living into Life: Grief Support
27	Thursday, May 28 at 1:00pm & 5:30pm Free Cancer Support for patients & caregivers
27	Thursday, May 28 from 7:00-8:00pm Let's Talk Suicide: Free support group for anyone affected by suicide.

MORE PROGRAMS & ACTIVITIES

01	Friday, May 1 at 6:00pm Alone But Not Lonely potluck dinner & fellowship. (RSVP by Apr 29)	
04	Monday, May 4 from 11:30-12:30 Free, Seniors Safety Lunch Series Topic: "Is this email real?" (RSVP by May 01)	
11	Monday, May 11 from 10:00-11:30am Free, Moms & Tots Group	
11	Monday, May 11 at 2:00pm United Church Women (UCW)	
11	Monday, May 11 from 2:30-4:00pm Free Drop-in Tech Support	
20	Wednesday, May 20 from 6:30-7:30pm Free, Living Life Conversation Topic: Planning a Funeral	
22	Friday, May 22 from 6:30-8:00pm Free, Family Night	
23	Saturday, May 23 at 2:00pm Concert: Spencer Bristow as Elvis (\$25)	
24	Sunday, May 24 from 7:30-9:00pm Young Adults Group (ages 18-35) via Zoom	
25	Monday, May 25 from 11:00am-1:00pm Free Lunch & Learn Presenter: One Small Cog - M.A.I.D. (RSVP by May 18)	
27	Wednesday, May 27 from 12:00-1:30pm Free, Book Club Discussion: The Seven Husbands of Evelyn Hugo	
27	Wednesday, May 27 from 7:00-8:00pm Free, Paper Airplane Club for all ages	
31	Sunday, May 31 from 7:00-7:30pm United Generations Online Worship Service	

High Country United Church is located at 346255 15 Sideroad WHS, Mono, ON L9W 6R9

Our programs are open community programs where anyone can attend.

Phone: (519) 941-0972 | Email: highcountryunited@gmail.com | www.highcountryunited.ca

LUNCH & LEARNS

HIGH COUNTRY UNITED CHURCH

WWW.HIGHCOUNTRYUNITED.CA | 346255 SIDE ROAD 15 IN MONO (CAMILLA)

11:00AM TO 1:00PM

MAY 25, 2026



One Small Cog - Joanne Jordan
Medical Assistance in Dying (M.A.I.D.)
Lunch registration closes May 18, 2026

Menu: Beef Lasagna & Caesar Salad

JUNE 15, 2026



Master Gardeners
Stunning and Easy Care Plants
for your Dream Garden
Lunch registration closes June 8, 2026

Menu: Gourmet Sandwiches, Soup, Salad

SAVE THE DATES

Monday, September 28 (register by Sep 21)

Monday, October 26 (register by Oct 19)

Monday, November 30 (register by Nov 23)

Monday, December 14 (register by Dec 07)

Cost to attend: \$0. Donations appreciated. Catered by Absolute Catering.
Let us know if you have dietary needs when you register.


CONTACT CHURCH TO REGISTER

(519) 941-0972 | HIGHCOUNTRYUNITED@GMAIL.COM

You're Invited to

AN AFTERNOON CONCERT

HIGH COUNTRY UNITED CHURCH



SPENCER BRISTOW

AS ELVIS

SAT., MAY 23 AT 2:00PM

For tickets: Call 519-941-0972
Email highcountryunited@gmail.com,
Online at <https://www.ticketscene.ca/events/60392/>

\$25

www.highcountryunited.ca
346255 Side Road 15 WHS in Mono (Camilla)

Senior Safety Lunch Series



A series on identifying and preventing frauds, scams, and abuse. Light lunch provided. Free.

Monday, June 1 at 11:30AM
Dufferin OPP speak on Frauds and Scams

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STRAWBERRY SUPPER

HIGH COUNTRY UNITED CHURCH

Supper Pick Up:
Wednesday,
June 24, 2026
4:30-6:30 p.m.

\$20.00 each
Order before June 10th

Ham, potato salad,
coleslaw, carrot salad,
dinner roll, strawberries
and 2 butter tarts.

TAKE OUT ONLY THIS YEAR
as the shed is under construction

TO ORDER TICKETS CONTACT:
GAIL: GHARRINGTON4949@GMAIL.COM | (519) 941-5826
SHEILA: JAMESORTON@SYMPATICO.CA
346255 15 Side Road WHS in Mono | www.highcountryunited.ca

Creative Partners on Stage

May 29 to 31, 2026. Tickets are \$25 per show or \$40 if you're seeing both.

"Our Artisan market will feature neurodiverse-led businesses and artists from our community. You have the chance to pursue the market, purchase art pieces, make your own art pieces and meet these incredible members of our community!"

Youth and Young Adults

Collective 2026 is a national gathering for Youth, Young Adults, and their leaders, presented jointly by The United Church of Canada and the Presbyterian Church in Canada. Collective is an opportunity to grow in faith, build community, and reflect on shared experiences—together.

Email Laura at Lblack@united-church.ca for a discount code before registering a youth or young adult to save \$350. Adults can also sign up as youth leaders or apply to be Discipleship Group Leaders.

August 12–15, 2026 at Brock University, St. Catharines, ON | Cost: \$450 (full cost, without any discounts) | Registration deadline: June 15, 2026. | Find out more: <https://www.collective-gathering.ca>

Pies available year-round

Contact our Pie Coordinator, Susan
Phone 519-941-6397 or email susanbutler55@icloud.com

Meat Pies: Beef; Ground Beef; Turkey
Fruit Pies: Blueberry; Dark Sweet Cherry; Mixed Berry; Peach; Raisin; Raspberry; Rhubarb; Strawberry-Rhubarb (and Apple when available)

Contact the church office if you're looking for a location to host an event, ongoing program or a meeting. We may have the perfect space for you.

LOOKING FOR: Nienke Randerand is always looking for yarn or wool - scraps and full balls. You can leave it in Rev. Jan's office and she will deliver.

FOR SALE: The church has two rectangular window fans that we used in the windows in the sanctuary during the heat of the summer. We will no longer need them. They are currently in the office on a chair. For sale by donation.

FOR SALE: Darlene & Wally K have a face cord of hardwood for sale. Normally costing \$110 plus delivery. They are selling it for \$80. Please contact them directly.

FOR SALE: Gladys has a Honda generator for sale if anyone is interested. Please contact her directly.

FOR SALE: Gladys has a Rototiller for sale if anyone is interested. Please contact her directly.

OnHand Support Services: Rides, cooking, cleaning, and PSW care - "Life without Limits". Contact Sam Bradley (519) 939-0166 [Email: onhandsupp@gmail.com](mailto:onhandsupp@gmail.com)

Sparkle Clean: Exterior Window Washing Services. Contact Calum Boston (519) 307-0521 Email: 519sparkleclean@gmail.com

A prayer for the week

God of long weekends and sunny days, sustain us through the busyness of life and the gloomier days in the season. Spread your light throughout our beings so that we can continue to love and serve others in good and kind ways. Give us time to sit and reflect, O God, on your will and your purpose for each of us. And be with our beloved family and friends who are nearing the end of life. Be with us today and always. In Jesus' name we pray. Amen.

Heal, comfort and strengthen the world. Extinguish all evil and kindle the good.

A link to our 365 days of prayer: <https://highcountryunited.ca/blog>

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Website: highcountryunited.ca



To donate:

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highcountryunited@gmail.com

Cheque payable to:

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Cash

Pre-Authorized Payments

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